

GEORGE BABLEKOS



Member of the Faculty Staff
Occupational Therapy
Department, University of West
Attica
Assistant Professor

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Courses:

Anatomy, Physiology, Internal
Medicine, First Aids, Orthopedics,
Psychiatry, Child Psychiatry,
Clinical Exercise II,
Clinical Exercise IV

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Full name: GEORGE BABLEKOS

Degree: Assistant Professor

FEK: Γ´ 2218/2022, **APELLA Code:** APP 29602

Known Object: Applied Medical Treatment of Clinical Lesions in the Human Body

Administrative Work:

- i) Committee for Recording Needs for the Supply of Equipment and Consumables for the Department of Occupational Therapy (Academic Year 2023-2024),
- ii) Committee for Writing the Undergraduate Studies Guide for the Department of Occupational Therapy (Academic Year 2023-2024),
- iii) Member of the OMEA Committee of the Department of Occupational Therapy (Academic Year 2023-2024),
- iv) Research Committee of the ELKE of the University of West Attica (PaDA) with NO. 11/05-03-2024 / Three-member "Monitoring and Receiving Committee", (Substitute Member), of the object of the contract / agreement, which will result from the diagnostic process.

Google Scholar: h-index: 13, 525 citations, 53 Publications

ResearchGate: h-index: 11, 373 citations, Research Interest Score: 203.9, Research Items:49

Education - Studies:

- i) Graduated from the Department of Medicine (Aristotle University of Thessaloniki)
- ii) Doctor of Medical School (National and Kapodistrian University of Athens)
- iii) Holder of a Diploma in the Postgraduate Program of Medical School (National and Kapodistrian University of Athens)
- iv) Holder of the Medical Specialty "Thoracic Surgery"

Research interests: Diseases of the Chest, Anatomy, Physiology, Pathophysiology, Thoracic Oncology.

Academic experience: Academic pre-University of Western Attica (from the Academic Year 2008-2009 until today) service

Professional clinical activity: KORGIALENEIO – BENAKEIO General Hospital of Athens, HELLENIC RED CROSS HOSPITAL, IPPOKRATEIO General Hospital of Athens, KAT General Hospital of Athens

Teaching courses (Undergraduate level): Anatomy, Physiology, Internal Medicine, First Aids, Orthopedics, Psychiatry, Child Psychiatry, Clinical Practice II, Clinical Practice IV

Teaching courses (Postgraduate level):

(i) Physiology and Pathophysiology of the Respiratory and Circulatory System / **Postgraduate Program Studies (PPS) "Biomedical Methods and Technology in Diagnosis"**, Department of Biomedical Sciences, University of West Attica, from 2015-2016 until 2022-2023,

(ii) Physiology of the Respiratory System / Spirometric Control, **Postgraduate Program Studies (PPS) "New Methods in Physiotherapy"**, Department of Physiotherapy, University of West Attica, 2019-2020,

(iii) Participation in the FORUM EPY (EPY-8), of the **Postgraduate Program Studies (PPS) "Occupational and Environmental Health"** organized by the Department of Public Health Policy, School of Public Health, University of Western Attica, with the thematic Unit "Medical Therapeutic Approach & Occupational Therapy in the Rehabilitation of of Functionality", Academic Year 2023-2024 (15-04-2024)

(iv) Metastatic Tumors of Primary Lung Cancer in the Spinal Column: Pathophysiology of Pain and Treatment / **Postgraduate Program Studies (PPS) "In Rehabilitation following Spinal Cord lesions. Spinal Pain Management"**, 3rd University Orthopedic Clinic, KAT Hospital, Medical School, National and Kapodistrian University of Athens, from 2021-2022 to 2023-2024, & for the Academic Year 2024-2025, the lectures in the above **PPS** are two, specifically a) Metastatic Primary Lung Cancer Tumors to the Spinal Column: Pathophysiology of Pain and Treatment and b) Clinical Approach and Management of Respiratory Failure in Spinal Cord Lesions.

Other information: Mr. Bablekos has a remarkable Authorship with 28 full publications in the international database Pubmed, with a peer review system, as well as 107 announcements in international and national prestigious medical scientific conferences with judges (peer review system). He is himself a reviewer in international reputable scientific medical journals, all included in the Pubmed international database, while he has handled more than 100 reviews from 2012 to the present, on scientific articles submitted for publication by other researchers.

He has also participated in the editing of the first Greek edition of the book "Diseases of the Respiratory System" by Shanthi Paramothayn (Copyright 2022, Konstantaras Medical Publications, ISBN: 978-960-608-081-4) as well as in the editing of the third (3rd) Greek edition , ISBN: 978-9925-35-0704-04, by Netter's Clinical Anatomy & Neuroanatomy (John T. Hansen, Michael Rubin, Joseph E. Safdieh), Broken Hill Publishers Ltd, Medical Library, [www.brokenhill.com .cy](http://www.brokenhill.com.cy)

Indicative Publications:

1. Response to Letter to the Editor by Josef Finsterer, MD, PhD: "The More Intensive the Diagnostic Workup, the More Likely It Is That the Cause of Coccygodynia Can Be Clarified".
Galanakos SP, Karakousis ND, **Bablekos G**, Fontara S. *Acta Med Acad.* 2024 Apr;53(1):119-120. doi: 10.5644/ama2006-124.431. PMID: 38497433 **Free PMC article.** No abstract available.
2. Primary Health Care: Our Experience From an Urban Primary Health Care Center in Greece.
Galanakos SP, **Bablekos GD**, Tzavara C, Karakousis ND, Sigalos E. *Cureus.* 2023 Feb 20;15(2):e35241. doi: 10.7759/cureus.35241. eCollection 2023 Feb. PMID: 36968861 **Free PMC article.**
3. Pneumothorax After Shoulder Arthroscopy: A Rare Complication of Rotator Cuff Repair Surgery.
Kateros K, Skotidis E, **Bablekos GD**, Vlachou M, Giatroudakis K, Theodorolea O, Galanakos SP. *Cureus.* 2023 Mar 27;15(3):e36774. doi: 10.7759/cureus.36774. eCollection 2023 Mar. PMID: 37123737 **Free PMC article.**
4. Management and postoperative outcome in primary lung cancer and heart disease co-morbidity: a systematic review and meta-analysis.
Bablekos GD, Analitis A, Michaelides SA, Charalabopoulos KA, Tzonou A. *Ann Transl Med.* 2016 Jun;4(11):213. doi: 10.21037/atm.2016.06.02. PMID: 27386487 **Free PMC article.**
5. Changes in breathing control and mechanics after laparoscopic vs open cholecystectomy.
Bablekos GD, Michaelides SA, Roussou T, Charalabopoulos KA. *Arch Surg.* 2006 Jan;141(1):16-22. doi: 10.1001/archsurg.141.1.16. PMID: 16415406 Clinical Trial.