

PINELOPI VLOTINO



Teaching and Research Staff
Assistant Professor

✉ E mail:
pvlotinou@uniwa.gr

☎ Phone: 210 5387452

Courses

- Occupational Therapy in children with neuromuscular disorders
- Clinical Reasoning in Occupational Therapy
- Introduction to Occupational therapy
- Clinical Practice: III, IV,
- Movement Analysis in Occupational Therapy I, II
- Neurology

🏢 Office Address
Building K6.032, Ground Floor Campus 1
Aegaleo, Grove

Full name: Pinelopi Vlotinou

Rank: Assistant Professor

Gazette: 3015 τεύχος Γ' /05.12.2022

Apella Code: APP22891

Field of Expertise: «Occupational therapy Intervention Programs for Movement in Individuals with Dementia»

Administrative Work: Member of Department of Occupational Therapy Committees: Appointed by Assembly (29/05/24):

- Postgraduate Program Preparation Committee of the Department of Occupational Therapy
- Academic Advisors Committee
- Doctoral Studies and Research Lecture Organization Committee for PhD Candidates
- Erasmus Program Committee
- Member of the Internal Evaluation Committee

Google Scholar: <https://scholar.google.com/citations?hl=en&user=WbVpdYQAAAAJ>

ResearchGate: [Pinelopi Vlotinou \(researchgate.net\)](#)

Scopus ID: [Scopus Author ID: 57824875500](#)

Orchid ID: 0000-0002-88289093

SciProfiles: <https://sciprofiles.com/profile/2253478>

Education:

- PhD from the Department of Physical Education and Sport Science
- MSc from the Department of Physical Education and Sport Science of DUTH
- MSc "Exercise and Quality of Life Direction: Prevention – Intervention – Rehabilitation"
- Bachelor in Pedagogical Studies, Higher School of Pedagogical and Technological Education ASPAITE
- Bachelor: Technological Educational Institute of Athens, Faculty of Health and Welfare Services, Department of Occupational Therapy. TEI of Athens.

Research Interests:

- Member of the Action Team for Project Number: 60119 Project: 82624 "Correlations of Neuroimaging, Neurophysiological, and Biomechanical Biomarkers in Stroke Rehabilitation"
- External collaborator at the Stroke Unit of the B' Neurological Clinic of the National and Kapodistrian University of Athens at the "Attikon" University Hospital, working on therapeutic approaches for individuals with neurological disease.
- Her research interests extend to children and adolescents with neuromuscular disorders, adults, and elderly individuals with dementia in creating therapeutic programs and motion analysis.

Academic Experience: Assistant Professor since 21/03/23.

Professional Clinical Activity:

- Occupational Therapist at the University General Hospital of Alexandroupolis, Evros, as Head of the Occupational Therapy Department in the University Neurological Clinic
- Occupational Therapist at the "Memory School" of the University Neurological Clinic of the UGHA
- Worked in Primary and Secondary Education of N. Evros as a substitute teacher
- Worked at the Psychogeriatric Company "Nestor" at the Athens Alzheimer's Center
- Worked at the Social Psychiatry and Mental Health Company Sakellaropoulos Evros
- Worked at the Institute of Child and Adolescent Mental Health
- Worked at the Center for Social Welfare and Preventive Medicine and finally worked as a freelancer.

Teaching Courses (Undergraduate Level):

Since 2020-21 (as a teacher based on PD 407) and from 2023 to present as an Assistant Professor, she has taught the following courses:

- Occupational Therapy in Children and Adolescents with Neuromuscular Disorders
- Occupational Therapy Science
- Movement Analysis in Occupational Therapy I
- Movement Analysis in Occupational Therapy II
- Neurology
- Introduction to Occupational Therapy
- Clinical Exercise II, III and IV

Teaching Courses (Postgraduate Level):

Teaches in the Postgraduate Program: MSc "Vascular and Stroke Events" teaching in the 3rd semester "Rehabilitation in Strokes - Movement and Speech".

Teaching Courses in Other Institutions:

- Public Higher Vocational Training School of Alexandroupolis in the Occupational Therapy Assistants Department during the years 2019-20.

Other Information:

She is a Reviewer of scientific papers on the MDPI platform and the scientific electronic platform ACADEMIA.edu. She is a member of the H.A.A.sso Greek Alliance for Stroke and a founding member of the EPISPEVDO Association for individuals with Epilepsy. She has been an organizational member of scientific conferences and seminars and has participated in many international and Greek

conferences as a speaker and trainer. Finally, she has volunteered in public health structures and participated in community awareness and information campaigns.

Representative Publications:

Tziaka E, Tsiakiri A, **Vlotinou P**, Christidi F, Tsiptsios D, Aggelousis N, Vadikolias K, Serdari A. A Holistic Approach to Expressing the Burden of Caregivers for Stroke Survivors: A Systematic Review. *Healthcare (Basel)*. 2024 Feb 29;12(5):565. doi: 10.3390/healthcare12050565. PMID: 38470676; PMCID: PMC10930970.

Vlotinou P, Tsiakiri A, Detsaridou G, Nikova A, Tsiptsios D, Vadikolias K, Aggelousis N. Occupational Therapy Interventions in Patients with Frontotemporal Dementia: A Systematic Review. *Med Sci (Basel)*. 2023 Nov 6;11(4):71. doi: 10.3390/medsci11040071. PMID: 37987326; PMCID: PMC10660551.

Vlotinou P., Terzoudi A., Tsiakiri A., Nikova A., Vorvolakos T., Vadikolias K., Heliopoulos I Changes in the Quality of Life of Persons with Epilpesy, after the implementation of an Occcupational therapy intervention with Drama Activities. *Epilepsy & Behavior*. 2022 May, 130. <https://doi.org/10.1016/j.yebeh.2022.108694>

Vlotinou P, Tsiptsios D, Karatzetzou S, Kalogirou G, Stefas E, Aggelousis N, Vadikolias K. Transcranial Direct Current Stimulation in Conjunction with Mirror Therapy for Upper Extremity Rehabilitation in Chronic Stroke Patients. *Maedica (Bucur)*. 2022 Mar;17(1):169-176. [doi: 10.26574/maedica.2022.17.1.169](https://doi.org/10.26574/maedica.2022.17.1.169).

Vlotinou P., Tsiakiri A., Vadikolias K., Terzoudi Aik., Katsouri I.G., Ahtanasopoulou C., Tzonichaki I., Serdari A., Heliopoulos I. Telehealth occupational therapy program in Greek patients with dementia during Covid-19. *Prime International Journal*, 2020;13(1): 101-111.