

CHRISTINA OUZOUNI



Teaching and Research Staff
Professor

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Teaching Courses:

Winter Semester

- Ethics and Deontology in Health
- Sociology

Spring Semester

- Research Methodology in Occupational Therapy
- Communication Skills and Approach to Individuals with Dysfunction - Occupational Therapy

Full Name: Christina Ouzouni

Academic position: Professor

Filed of Expertise: Nursing

Administrative position: Deputy Head of Department

Citations: Google Scholar, <https://scholar.google.com>

ResearchGate: <https://www.researchgate.net>

Scopus ID: 35173533000

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SciProfiles: <https://sciprofiles.com>

Studies - Education

- PhD, Department of Nursing, National & Kapodistrian University of Athens.
- MSc in "Mental Health," Department of Nursing, National & Kapodistrian University of Athens.
- MSc in "Health Services Management," National School of Public Health.
- Bachelor's Degree in Pedagogical Studies, Department of Higher Education Graduates, School of Educational Vocational and Technical Education.
- Bachelor's Degree in Nursing, Department of Nursing, National & Kapodistrian University of Athens.
- Specialization in "Psychiatric Nursing," Attica Psychiatric Hospital.
- "Evidence-Based Decision Making in Health Care," Module of Postgraduate Studies, Level 4 (Master Level), King's College, London.
- "Ethics in Health Care," Degree level, City University, London.
- "Teaching and Assessing in Clinical Practice," Level 3, English National Board for Nursing and Midwifery and Health Visiting, City University, London.
- "Principles and Methodology of Biostatistics," from the Center for Vocational Training, National School of Public Health.
- "Sociology of Health," Certificate of Special Studies, National School of Public Health.
- "Nursing Management," Summer University, Häme University - Finland.
- "Health Services Management," National Center for Public Administration.
- Annual lecture program "Basic Dementia Care", Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine.
- "Principles and Methodology of Biostatistics," from the Center of Vocational Training, National School of Public Health.
- Continuing professional training program "Methodology of Economic Evaluation of Medical Practices - Biomedical Technology," at "Evangelismos." General Hospital.
- Continuing professional training program on "Telemedicine Applications for Improving Health Services," at "Evangelismos." General Hospital.
- "BLS/AED" (Basic Life Support - Cardiopulmonary Resuscitation and Automated External Defibrillation), certification provided by the European Resuscitation Council.
- Hampstead School of English, London.

Research Interests

- Research Methodology • Evidence-Based Practice • Mental Health • Social Psychology • Ethics and Deontology
- Health Services Management

Awards - Honors

- 1st Prize for Best Research Study, 27th Panhellenic Nursing Conference of the Hellenic Nurses' Association.
- Member of the three-member Examination Committee of the Ministry of Health & Welfare for granting the Specialty title of Mental Health to Nurses at ► Eginitio Hospital ► Attica Psychiatric Hospital of Dafni ► Psychiatric Hospital of Athens "Dromokaiteio".
- Elected President of the Mental Health Department of the Hellenic Nurses' Association.
- Representative of Greece at the WHO for the development of the Mental Health Nurses Atlas.
- Expert in Mental Health at the International Council of Nurses (ICN) for four years.

Academic Experience

- Professor, University of West Attica
- Professor, University of Thessaly
- Associate Professor, University of Thessaly
- Associate Professor, Technological Educational Institute of Central Greece
- Lecturer, Technological Educational Institute of Lamia

Clinical Experience

- Psychiatric Sector • Internal Medicine Department • Emergency Department ("Evangelismos" General Hospital)
- Member of the "Médecins Sans Frontières" (MSF) mission in a Rehabilitation Program for Chronically Hospitalized Mentally Ill Patients.

Undergraduate Teaching

- Research Methodology - Writing Scientific Papers (Th) • Psychology (Th) • Child Psychiatry (Th) • Nursing Management (Th) • Psychiatry (Th) • Sociology (Th) • Health Psychology (Th) • Psychosocial Approach to Health and Illness (Th) • Gerontological Nursing (Th & L) • Diagnostic Nursing Approach (Th) • Transcultural Nursing (Th) • Dietary Nutrition (Th) • Cardiological Nursing (Th) • Research Methodology in Occupational Therapy (Th) • Ethics and Deontology in Health (Th) • First Aid (Th) • Communication Skills and Approach to Individuals with Dysfunction - Occupational Therapy • Mental Health Nursing - Counseling Nursing (Th & L) • Maternity Nursing - Women's Health Care (Th) • Mental Health Nursing (Th & L) • Medical Nursing I (Th) • Medical Nursing II - Hospital Infections (Th & L) • Pediatric Nursing (Th) • Nursing Seminars - Teaching Methods (Th) • Counseling Nursing (Th) • Occupational Health and Safety (Th) • Introduction to Nursing Science (L) • Emergency Nursing (L) • Community Nursing II - Health Education (L) • Medical Nursing I (L) • Medical Nursing II (L) • Surgical Nursing II (L)

Postgraduate Teaching

- ▶ MSc "Intensive Care Units" - Medical School - National and Kapodistrian University of Athens
 - Thyrotoxic Crisis • Adrenal Insufficiency • Gastrointestinal Bleeding (upper-lower) • Chest and Vascular Injuries
 - Pelvic Vessel Injuries • Tissue Damage from Cold Exposure • Emergency Neurological Problems • Renal Failure - Extrarenal Cleansing Methods • Consciousness Disorders
- ▶ MSc "ICUs & Emergency Nursing" - Medical School - National and Kapodistrian University of Athens and Nursing Department of Technological Educational Institute of Athens:
 - Theoretical Foundations of Nursing Science and Their Applications in Health Care • ICU Syndrome and Its Management • Stress Management for Nurses in ICUs • Transcultural Nursing • Approach to Patients with Different Religions • Global Dimensions of Nursing • European Dimensions of Nursing • Poisonings • Animal Bites and Insect Stings • Emergency Psychiatric Cases and Their Management • Poisonings and Animal Bites
- ▶ MSc "Intensive Care Units - Cardiological Nursing" - Medical School - National and Kapodistrian University of Athens and Nursing Department of Technological Educational Institute of Athens.

Teaching at other Institutions

- Medical Nursing Specialty, "Evangelismos" General Hospital
- Surgical Nursing Specialty, "Evangelismos" General Hospital
- Pediatric Nursing Specialty, Children's Hospital of Athens P. & A. Kyriakou
- Psychiatric Nursing Specialty, Attica Psychiatric Hospital (Psychiatric Nursing & Child Psychiatric Nursing)
- Surgical Nursing Specialty, "Tzaneio" General Hospital
- Courses of the Hellenic Cancer Society
- Psychiatric Nursing Specialty, "Dromokaiteio" Psychiatric Hospital
- Nephrology Nursing Specialty, "Evangelismos" General Hospital
- In-service Training Program of "Korgialenio - Benakio" Hellenic Red Cross Hospital
- Professional Training Program, K.A.T Hospital
- Professional Training Program for staffing a psychiatric hostel, EPIPSY
- Professional Training Programs for doctors and nurses, "Evangelismos" Hospital
- Professional Training Programs, General Hospital of Lamia

Supervision / Doctoral Dissertations and Theses

- Supervision of Doctoral Dissertations:
 - Hellenic Mediterranean University, Crete
 - University of West Attica, Athens
- Supervision of Theses:
 - National and Kapodistrian University of Athens

Participation in Research Projects

- Participation as coordinator of T.E.I of Lamia with a project contract in the paid research program encouraging innovative applications "Please-Enter" for 2 years at the TEI of Larissa and TEI of Lamia
- Participation in the project "Development of the Business Plan of Life Long Learning Institute of the TEI of Lamia" implemented within the framework of EPEAEK II of the 3rd Community Support Framework.
- Inclusion among the main Researchers of TO.M.T.E in the meeting number 30/02-12-2014 of the Scientific Advisory Conference (E.G.S) of the Technological Research Center of TEI of Central Greece.
- Member of the research team for the research project "Impact of Familial Hypercholesterolemia on the Greek Population" EOF decision number 97783/20.12.2016.
- Member of the Scientific Committee of the Nursing Research Network of the Hellenic Society of Nursing Research and Education.

Director of Continuing Education programs

- Scientifically responsible for the design, organization, and implementation of a continuing professional training program (E235) for employed nurses, totaling 200 hours, with theoretical and clinical training. The course was co-financed by the European Social Fund (75%) and the Ministry of Health and Welfare (25%) on the topic: "Mental Health Nursing: Awareness and Exemplary Management of Mentally Ill Patients," Center for Vocational Training, "Evangelismos General Hospital".
- Scientifically responsible for the design, organization, and implementation of a continuing professional training course (Y05-Y.09-16/E039) for employed nurses with theoretical and clinical training. The program was co-financed by the European Social Fund (75%) and the Ministry of Health and Welfare (25%) on the topic: "Mental Health Nursing: Awareness and Learning of Special Skills for the Rehabilitation of Mentally Ill Patients within the Framework of Mental Health Reform," Center for Vocational Training, "Evangelismos General Hospital".
- Scientifically responsible for the design, organization, and implementation of a continuing professional training course for unemployed nurses (Y05-Y.38-16/A075) with theoretical and clinical training. The program was co-financed by the European Social Fund (75%) and the Ministry of Health and Welfare (25%) on the topic: "Mental Health Nursing: Awareness and Learning of Special Skills for the Rehabilitation of Mentally Ill Patients within the Framework of Mental Health Reform," Center for Vocational Training, at Lamia General Hospital.

Indicative Publications

- SD Daskalou, C Ouzouni, N Gerosideris, V Karagianni, IG Katsouri. *Neurodevelopmental outcomes and occupational participation of preterm children at school age: a scoping review*. Brazilian Journal of Science 2024, 3(6):54-71.
- E Stratidaki, EA Mechili, C Ouzouni, AE Patelarou, K Giakoumidakis, A Laliotis, E Patelarou. *A Study of Factors Contributing to the Nutritional Status of Elderly People Receiving Home Care*. Nutrients, 2024, 16 (18): 3135.
- N Gerosideris, SD Daskalou, C Ouzouni, P Vlotinou, IG Katsouri. *Occupational therapy for individuals with chronic kidney disease undergoing renal rehabilitation: A literature review*. Brazilian Journal of Science 2024, 3 (10):16-27.
- C Ouzouni, K Nakakis, K Koutsampasopoulos. *Electronic cigarette and cardiovascular diseases*. Rostrum of Asclepius 2021, 20 (1):31-43.
- K Koutsampasopoulos, I Kirmpas, P Sofis, A Zotos, M Voulgaris, C Ouzouni, K Nakakis, K Papaioannou. *Acute Coronary Syndrome in Young Adults: Does really exist? Findings from a retrospective study*. Nosileftiki 2019, 58 (3): 249-255.
- C Ouzouni, K Nakakis. *HIV/AIDS knowledge, attitudes and behaviours of student nurses*. Health Science Journal 2012, 6 (1): 129-150.
- C Ouzouni, K Nakakis. *Doctors' attitudes towards attempted suicide*. Health Science Journal 2012, 6 (4):663-680.
- C Ouzouni, K Nakakis. *Validity and Reliability of Measurement Instruments in Quantitative Studies*. Nosileftiki 2011, 50 (2):231-239.
- C Ouzouni, K Nakakis. *Attitudes towards attempted suicide: the development of a measurement tool*. Health Science Journal 2009, 3 (4):222-231.