# MARIA KOULOUMPI



Faculty Member e.g. Lecturer of Applied Sciences

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Name: Maria Kouloumpi

**Current Position:** Lecturer of Applied Sciences

Official Gazette: 1045/T.C'/ 2-12-2011
Scientific Domain: Occupational Therapy

Google Scholar: https://scholar.google.com/citations?hl=en&user=rxRmZDgAAAAJ

Orchid ID: https://orcid.org/0009-0000-1478-7199

Research Gate: https://www.researchgate.net/profile/Maria-Kouloumpi-2/research

**Scopus Author ID:** 57189903075

## **Education - Studies:**

September 2020-present:

PhD Student, Division of Occupational Therapy and Art Therapies, Center of Applied of Social Sciences (CASS), Queen Margaret University, Edinburgh Title of study: "my Occupations, my city: exploring the perspectives of children"

The focus of the research thesis is the ethnographic study of children's occupations in the city through the perspective of Occupational Science and its connection with urban studies and the anthropogeography of childhood.

February 6, 2002:

MSc with Distinction in Occupational Therapy, University of East London, London.

No. recognition deed from DIKATSA: 32-683, 30-05-2003

Research dissertation: "Phenomenological exploration in patterns of activity and lifestyle of young people with psychotic disorders"

June 14, 1994: Degree in Occupational Therapy, T.E.I. of Athens, Grade 8,6 "Excellent"

#### Research interests:

Her scientific interests include: mental health, qualitative research with an emphasis on the use of participatory and innovative methods, Occupational Science, human geography of children, community development, children's adaptation in the school environment, spatial studies and time, development of reasoning of occupational therapists, practice and political action, ethical reasoning and management of ethical dilemmas, development of innovative educational approaches, international collaborations.

## Academic experience:

- September 2001-January 2012: Laboratory External Collaborator of the Department of Occupational Therapy, Technical University of Athens
- February 2012-March 2018: Lecturer of Applied Sciences, School of Health and Welfare Professions, Technical University of Athens
- March 2018-present: Lecturer of Applied Sciences, Faculty of Health and Welfare Sciences,
   University of Western Attica

## Professional clinical activity:

- 1995-January 2012: Psychiatric Hospital of Attica development of mental health services and occupational therapy interventions for adults with psychiatric disorders (public servant)
- 1996-today: various scientific collaborations within the context of the development of Occupational Therapy interventions for children and adolescents

## Teaching courses (Undergraduate level):

Academic Year 2001-2018:

- Basic Principles of Occupational Therapy (Theoretical and Laboratory Course)
- Creativity and Occupational Therapy (Theoretical and Laboratory Course)
- Development and Occupational Therapy (Theoretical Course)
- Ethics and Ethics in Occupational Therapy (Theoretical Course)
- Psychosocial Occupational Therapy (Theoretical and Laboratory Course)
- Management of Occupational Therapy Services (Theory Course)
- Research Methodology in Occupational Therapy (Theoretical and Laboratory Course)
- Communication Skills and Approaching People with Disorders-Occupational Therapy (Laboratory

Course)

- Occupational Therapy and Organic Diseases (Theoretical Course)
- Occupational Therapy and Development (Theoretical Course)
- Groups in Occupational Therapy (Theoretical and Laboratory Course)
- Clinical Exercise I (Theoretical and Laboratory Course)
- Clinical Exercise II (Theoretical and Laboratory Course)
- Art and Occupational Therapy (Theoretical and Laboratory Course)
- Clinical Reasoning in Occupational Therapy (Theoretical Course)

#### Academic Year 2018-2024:

- Introduction to Occupational Therapy (Practice-Exercise)
- Occupational Therapy in Children and Adolescents with Neuromuscular Disorders (Practice-Exercise)
- Creativity and Occupational Therapy (Theoretical Course and Practice-Exercise)
- Research Methodology in Occupational Therapy (Practice-Practice)
- Activities of Daily Living Ergonomics Aids (Practice-Exercise)
- Reasoning in Occupational Therapy (Practice-Exercise)
- Communication Skills and Approaching People with Disorders-Occupational Therapy (Practice-Exercise)
- Occupational Science (Theoretical Course)
- Evidence-Based Occupational Therapy Practice (Theoretical Course and Practical Practice)
- Groups in Occupational Therapy (Practice-Exercise)
- Models and Frames of Reference in Occupational Therapy (Theoretical Course)
- Clinical Exercise I (laboratory)
- Clinical Exercise II (laboratory)
- Clinical Exercise III (laboratory)
- Clinical Exercise IV (laboratory)

# **Teaching courses (Post-graduate level):**

Teaching Course "Introduction to Occupational Therapy" (3 hours) at the post-graduate program "Rheumatology-Musculoskeletal Health" of the 2nd Pathology Clinic at the Homonymous Laboratory of the General Hospital of Athens "Ippokrateio", School of Medicine EKPA (2021-2022, 2022-23, 2023-24)

## Other information:

- Since 1998, he has been politically active within the association of Occupational Therapists. She has been a member of the Board of Directors of the Greek Occupational Therapists Association (HEO) continuously for many years until today, participating in scientific, political and collective actions for the development of the profession. From 2024, she is a member of the Council of the 1st Regional Department as well as a member of the Central Management Board of the Panhellenic Association of Occupational Therapists (PSE), which is NPDD.
- For 4 years (2004-9) she was the representative of the Association of Greek Occupational Therapists in the Council of Occupational Therapists of European States (COTEC).

- Member of the scientific committee and reviewer of papers, at various Panhellenic Congresses of the Association of Greek Occupational Therapists as well as at the Pan-European Congress of Occupational Therapists held in 2004 in Greece.
- Oral and poster presentations at panhellenic and International Conferences.
- Organization and implementation of seminars and workshops regarding the Continuing Professional Development of Occupational Therapists of the Association of Greek Occupational Therapists

#### Awards:

- Government Scholarship Foundation: Scholarship for postgraduate studies in UK.(2000)
- Master's degree (MSc Occupational Therapy) from the University of East London, London with distinction (92%

## **Indicative Publications:**

Κουλουμπή, Μ. (2017). *Έργο και Δραστηριότητα: Η Προσέγγιση της Εργοθεραπείας*. Κωνσταντάρας Ιατρικές Εκδόσεις

Kouloumpi, M., Bogeas, T., Kalimana, E., Kotsini, I.Kokkorou, M., Zoumpopoulou, M., Margari, M., Kelemouridou, S., and Katsamagkou, M. (2016). Stories in time of crisis: Reflections from a professional development and support group in Greece. In D.Sakellariou and N.Pollard (Eds.) *Occupational Therapies without Borders: Integrating justice to practice* (2<sup>nd</sup> edn.) (pp. 337-346). Elsevier Health Sciences.

Kontis, D., Theocari, E, Nikolakopoulou, M., Andreopoulou, A., Vassos, D., Grigoriou, V., Vassilouli, S., Giannakopoulou, D., Kouloumbi, M., and Tsaltas, E. (2016). Obsessive compulsive symptoms are associated with better functioning independently of cognition in in schizophrenia. *Comprehensive Psychiatry*, 70, 32-40